

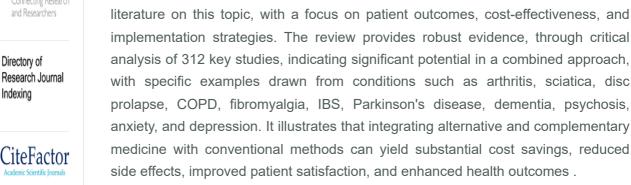
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scholar	Note: Construction Rajeev Gupta * Director International Organisation of Integrated Health Practition Barnsley Foundation Hospital, United Kingdom.		ealth Practitioners, Consultant	
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THOMSON		s tract: s comprehensive review	examines the potenti	al benefits of combining mod
INDEX OF COP	ERNICUS for	conventional medicine with alternative and complementary medicine approact for the treatment of various medical conditions. As healthcare costs continue escalate globally, there is a pressing need for solutions that not only improve her outcomes but also offer cost-effectiveness. The current model of care often lead		
		overuse of pharmaceutical interventions, raising concerns about adverse effects This article has done a scoping review to map and critically analyse the exi		



The article also subsequently proposes a step-wise approach to this integration, advocating for improved cross-disciplinary communication, education, and

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Integrating modern, alternative and complementary medicine: A holistic approach to better patient care and cost-effectivene...

regulatory oversight to overcome existing barriers . It contributes to the body of evidence supporting a shift from the compartmentalized view of healthcare towards a more patient-centred, holistic model. The evidence presented is compelling and timely, given the growing public interest in alternative and complementary therapies, making this a significant addition to the literature on integrated healthcare.

Keywords:

Integrated health; Integrated medicine; integrated health practitioners; holistic modern medicine; modern medicine with CAM; holistic care

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